

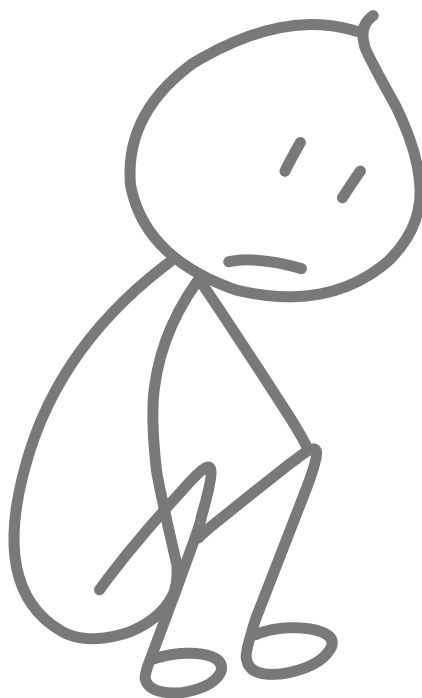
Have you noticed a child with multiple unexplained changes in the classroom?

Cognition and Learning

- Maths difficulties
- Brain fog
- Challenges in organisation and following instructions
- Memory changes
- Concentration and focus difficulties
- Decline in progress and attainment

Communication and Interaction

- Friendship or relationship issues
- Masking
- Speech and language difficulties (receptive or expressive skills)
- Communication issues
- Difficulties in following verbal instructions



Social, Emotional and Mental Health

- Generalised and separation anxiety
- OCD
- Difficulties regulating emotions
- Self-harm
- Suicidal thoughts
- Hallucination, paranoia or similar experiences
- Regression

Sensory and Physical Needs

- Tics
- Changes in fine and/or gross motor skills
- Sensory sensitivities
- Disordered eating
- Toileting issues
- Sleep difficulties
- Handwriting deterioration

Consider PANS or PANDAS

PANS (Paediatric Acute-onset Neuropsychiatric Syndrome)

PANDAS (Paediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections)

PANS and PANDAS are post infectious autoimmune and/or neuroinflammatory medical conditions that affect both physical and mental health.

They are often recognised by the sudden appearance of several unexplained changes

Every child is different and some children may also have other conditions and/or be neurodivergent. If you notice lots of changes occurring in a child following an infection, then consider PANS or PANDAS. While recognition and early diagnosis is key, these conditions can only be diagnosed by a medical professional. For more information, visit our website.

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