

Role description – PANS PANDAS UK Regional support group volunteer

Job Title: Regional support group host volunteer

Reporting to: Volunteer manager

Location: Home based

Hours: Variable – 3 hours per month

Terms: Volunteer

Probationary period: Six months



About us

PANS and PANDAS are complex neuro-psychiatric conditions which are frequently misunderstood and misdiagnosed. PANS PANDAS UK are the only charity in the UK working to improve outcomes and ensure brighter futures for people affected by PANS and PANDAS.

We provide support and information to families, and work tirelessly to inform medical practice, raise awareness, engage with medical, social work and educational professionals, and much more.

We are a small team based at home in various UK location. We keep in touch frequently online and have a warm, supportive and positive culture.

Role Overview:

We are seeking a compassionate and reliable volunteer to facilitate an in-person support group for individuals affected by PANS or PANDAS. This role is vital in creating a safe, welcoming, and supportive environment where participants can share experiences, find encouragement, and build community.

Key Responsibilities:

Facilitate regular support group meetings in person, ensuring a respectful and inclusive atmosphere.

- Welcome and engage participants, encouraging open and empathetic dialogue.
- Maintain confidentiality and uphold safeguarding policies.
- Coordinate with charity staff to report attendance, feedback, and any concerns.
- Undertake regular risk assessments of the meeting space.
- Encourage all attendees to complete feedback form.
- Complete Evaluation form following all meetings.
- Help set up and tidy the meeting space before and after sessions if appropriate.
- Occasionally assist with outreach or promotional activities to raise awareness of the group.
- Attend regular 1:1 meetings with your line manager.
- Wear your PANS PANDAS UK Volunteer T-shirt

Skills and Experience:

Excellent listening and communication skills.

Empathy, patience, and a non-judgmental attitude.

Ability to manage group dynamics and respond calmly to sensitive topics.

Commitment to the values and mission of the charity.

Training and Support:

Full induction and training provided.

Ongoing support from the charity's staff team.

Opportunities for further development and peer networking.

Benefits of Volunteering:

Make a meaningful difference in people's lives.

Gain experience in group facilitation and community support.

Be part of a supportive and passionate team

If this role sounds like you, then please fill in our [application form](#) to express your interest.

If you have any questions about the role, please contact kathryn.gillett@panspandasuk.org