



Dear Headteacher,

Wear Green for Glitch on World PANS PANDAS Awareness Day - Friday 9 October 2026

We are delighted to invite your school to take part in Wear Green for Glitch, a school-friendly awareness and fundraising campaign organised by PANS PANDAS UK, the only UK wide charity supporting children, young people and families affected by PANS or PANDAS.

PANS and PANDAS are medical conditions that can have a significant impact on a child or young person's education, wellbeing and daily life. Schools play an important role in supporting children or young people with a wide range of needs, and awareness and understanding of PANS and PANDAS can vary. Building shared understanding can help schools, families and professionals work together more effectively to support affected children and young people.

Taking part is simple. We invite pupils and staff to wear something green on Friday 9 October while learning about PANS and PANDAS. Glitch is a panda with PANS. Glitch was created to help children or young people understand what it can feel like to live with PANS or PANDAS. The campaign has been designed to fit easily into the school day and requires no specialist knowledge. We have developed a small range of resources to support participation, including a template for communications with parents and carers and materials to support awareness raising.

Whilst raising awareness is at the heart of the campaign, we also encourage schools to support our fundraising efforts where possible. Funds raised through Wear Green for Glitch will help PANS PANDAS UK support children, young people and families affected by PANS and PANDAS, and also continue their work, developing resources, information and training for education and health professionals.

We recognise that some children and young people affected by PANS or PANDAS may wish to discuss their experiences either during or after Awareness Day. We have included a pdf which gives links to additional resources which we hope will be helpful beyond the campaign itself

Thank you for taking the time to read this letter and the Schools Information Pack. We do hope you will consider supporting Wear Green for Glitch on Friday 9 October 2026.

Warmest regards

Vicky Burford
Chief Executive Officer
PANS PANDAS UK