

Wear green for Glitch

on **PANS PANDAS Awareness Day**

Friday 9th October, 2026



Glitch is a panda who lives with PANS. His name and character were chosen by young people to represent how living with PANS or PANDAS can feel.

PANS and PANDAS are severe medical conditions which can affect children and young people. Wear something green on **PANS PANDAS Awareness Day - 9th October** and help to improve awareness and understanding of these life-changing conditions.



Go green for Glitch is an awareness and fundraising activity organised by PANS PANDAS UK, the only UK charity supporting families affected by PANS and PANDAS. Scan to learn more:

